

FINANCIAL ASSISTANCE & FOOD VOUCHERS IN THE CITY OF DAREBIN

<p>Darebin City Council Financial Counsellor Nicky Tsalamandris Appointment: Necessary Open: Mon to Fri 9:00am-5:00pm 185-187 High Street, Northcote, 3070 Phone: 9481 9520 Fax: 9261 4882</p>	<p>Money Help Advice Line Financial Counsellors Phone: 1800 007 007</p>	<p>Gambler's Help Northern Financial Counsellor Appointment: Necessary Open: Mon & Tue 9:00am-5:00pm 42 Separation Street, Northcote, 3070 Phone: 1300 133 445 <i>Type of assistance: Financial counselling for people with gambling problems or family members with gambling problems</i></p>
<p>Anglicare Financial Counsellor Appointment: Necessary 239 Murray Road, Preston, 3072 Centralised Intake Phone: 9731 2500 Phone: 8470 9999 Fax: 9478 2069</p>	<p>Consumer Action Law Centre General Advice Line Phone: 9629 6300</p>	<p>DHS Concessions Unit Phone: 1800 658 521</p>
<p>Consumer Affairs Vic Phone: 1300 558 181</p>		

Food Vouchers, Food Parcels & Financial Assistance

*All assistance is dependent on the availability of staff (often volunteers) and supplies of vouchers and donations.
Most services offer a range of other services in addition to those listed below.*

<p>North East Housing Service Appointment: Necessary Open: Mon to Fri 9.00am – 5.00pm 52-56 Mary Street, Preston, 3072 Phone: 9479 0700 <i>Type of assistance: Financial assistance for rent arrears, removals & housing establishment costs.</i></p>	<p>Asylum Seeker Resource Centre Appointment: Not Necessary Open: Mon to Fri 10.00am – 5.00pm 12 Batman Street, West Melbourne, 3003 Phone: 9326 6066 <i>Type of assistance: Foodbank, free lunches, material aid, health program & counselling.</i></p>	<p>Women's Housing Appointment: Necessary Open: Mon to Fri 9.00am – 5.00pm 21 Cremorne Street, Cremorne 3121 Phone: 9412 6868 <i>Type of assistance: Information, referral and advocacy for single women and their children, rent assistance & housing</i></p>
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All Saints Anglican Church

Appointment: Not necessary (Health card required)

Open: Fri 10.00am - 12.00pm Corner Murray Road & High Street, Preston, 3072 Phone: 9471 9191
Type of assistance: Food parcels (includes dry, cold & frozen foods)

<p>Hanover Inner North Appointment: Preferred Open: Mon - Fri 9:00am – 5:00pm Mezzanine Level, 145 Smith St, Fitzroy, 3065 Phone: 9288 9800 <i>Type of assistance: Crisis, medium term and long term accommodation, support, education and employment solutions for people experiencing a housing crisis or homelessness.</i></p>	<p>St. Vincent de Paul Welfare Line Open: Mon to Fri 10.00am – 3.00pm Phone: 1300 305 330 <i>Type of assistance: Assessment and referral to local aid agencies for assistance with acquiring furniture, food, clothing and financial aid.</i></p>	<p>Tenants Union of Victoria Appointment: Not necessary (arrive 1 hour prior to closing) Open: Mon, Tue, Thu & Fri 9.00am – 4.00pm Wed 1.00pm – 8.00pm Ground Floor, 55 Johnston Street, Fitzroy, 3065 Phone: 9416 2577</p>
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<p>Salvation Army Family Support Services Appointment: Necessary Open: Mon, Wed, Thurs & Fri 9:30am - 3:30pm (closed 12.00pm – 1.00pm) 263 Gower Street, Preston, 3072 Phone: 9471 9111 Type of assistance: Food vouchers, food parcels & financial counselling program. No Interest loans (NILS), Advocacy.</p>	<p>Darebin Community Health Service Appointment: Necessary Open: Mon, Tue, Thu & Fri 8.00am – 6.00pm Wed 8.00am – 8.30pm Sat 9.00am – 12.00pm 125 Blake Street, East Reservoir, 3073 Phone: 8470 1111 <i>Type of assistance: counselling, diabetes, dietetics, occupational therapy, physiotherapy & podiatry health services</i></p>	<p>Northern Community Church of Christ Open: Tue, Wed & Thu 12.30pm 81 High St, Preston, 3072 Phone: 9484 4788 Type of assistance: lunch for \$3 donation</p>
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Darebin Information Volunteer and Resource Service (DIVRS)

Appointment: Necessary for all ER Assistance, voucher support is limited each day and appointments do not guarantee this type of assistance, however Foodbank parcels are available with each appointment

Open: Mon, Tue, Wed & Fri 10.30am – 3.00pm 285-287 High Street, Preston, 3072 Phone: 9480 8200
Fresh food on Monday's, Bread on Fridays from the Preston office, no appointment necessary

Type of assistance: Information, emergency relief, Tax Return, Community counselling, No interest loans (NILS), volunteer resource

FREE & CHEAP MEALS AT A GLANCE

	Where?	When?	Cost?
Church of All Nations	180 Palmerston Street, Carlton MELWAYS REF: 42 J3 Phone: 9347 7077	Lunch 11:30am-12.30pm Tuesdays & every second Sunday of the month (except public holidays)	Donation appreciated
Crossways	1 st Floor, 123 Swanston St, Melbourne MELWAYS REF: 43 H8 Phone: 9650 2939	Lunch 11.00am – 4.00pm Monday to Saturday	\$5.50 (concession card holders) for a 3 course meal
Hare Krishna Temple	197 Danks Street, Albert Park MELWAYS REF: 57 F5 Phone: 9699 5122	Breakfast 9.00am (Daily) Lunch 1.00pm (Daily) Dinner 6.00pm (Daily)	Free
Food Not Bombs Melbourne	Corner Brunswick & King Williams Streets, Fitzroy Loophole Community Centre, 670 High Street, Thornbury	Lunch 12.45pm (Wednesday) & Dinner 7.30pm (Thursday) Dinner 6.00pm (Sunday)	Free
Food for Life	Liardet Community Centre 154 Liardet Street, Port Melbourne MELWAYS REF: 57 B2 Phone: 9699 5122	6:00pm - 8:00pm Vegetarian Dinner Wednesday	Free
Mathew Talbot Soup Van	All Saints Church, Fitzroy Hanover, 52 Haig Street (Southbank) Hotham Hotel, Cnr Spencer & Flinders St Victoria Market (end of Peel Street)	8.00pm (Daily) 9.45pm (Daily) 10.30pm (Daily) 10.30pm – 11.00pm (Daily)	Free
Margaret Oats Soup Van	Corner Smith & Stanley Streets, Collingwood	7.30pm (Daily except Saturday)	Free
Missionaries of Charity	MEN ONLY 69 George Street, Fitzroy MELWAYS REF: 44 B6 Phone: 9415 1011	Dinner Monday, Tuesday, Wednesday, Saturday & Sunday, 5:00pm-6:00pm	Free
Open Door	Seventh Day Adventist Church 27 Alfred Crescent, North Fitzroy MELWAYS REF: 30 C12 Phone: 9857 7977	Dinner 6.30pm – 7.30pm Tuesday, Thursday & Sunday	Free
St Vincent de Paul Soup Van	King William Street, Fitzroy (near the Fitzroy Police Station) MELWAYS REF: 2B K9	Supper 8.00pm (Daily)	Free
Open Family Bus	St Paul's Cathedral Corner Flinders Street & Swanston Street, Melbourne MELWAYS REF: 1B N10	Supper 9.00pm-12.00 midnight Tuesday, Thursday & Saturday	Free
Ozanam Community Centre	268 Abbotsford Street, North Melbourne (Enter via Arden St) MELWAYS REF: 43 D4 Phone: 9329 6733	Breakfast 9.15am – 10.00am Lunch 12.00pm – 1.00pm Monday to Friday	Free (Breakfast) \$2.00 (Lunch)
Prahran Mission Café	211 Chapel Street, Prahran MELWAYS REF: 2L 12H Phone: 9692 9500	Breakfast 7.30am- 9.00am (Jun-Aug) Lunch 11.00am - 2.00pm Monday to Friday	\$1.00 (Breakfast) \$3.00 - \$5.00 (Lunch)
Regent Baptist Church	734 High Street, Reservoir MELWAYS REF: 18 G8 Phone: 9394 6693	Dinner 5:00pm-10:00pm Friday (<u>except</u> the last Friday night of the month)	3 course meal, \$3 for adult & free for children under 12
Rosie's Van	Flinders Street Station, Melbourne	Supper 8:30pm-10:30pm Wednesday Supper 9:30pm-11:30pm Friday	Free
Sacred Heart Mission	87 Grey Street, St. Kilda MELWAYS REF: 58 A9 Phone: 9537 1166	Breakfast 8:30am-10:00am (Mon-Fri) 9.00am-10.30am (Sat-Sun) Lunch 12:00pm-1:30pm (Daily)	Free
St. Mary's House of Welcome	165-169 Brunswick Street, Fitzroy MELWAYS REF: 44 A5 Phone: 9417 6497	Breakfast 8.45am & 9:30am (Daily) Morning tea 10:30 am (Daily) Lunch 12.00pm-1.00pm (Daily) Afternoon tea 3.00pm (Daily <u>except</u> Wed & Sat)	Free (Breakfast & Morning Tea) \$2.50 (collect token at 11.30am) Free (Afternoon Tea)
Hamodava Cafe	Salvation Army Centre 69 Bourke Street, Melbourne MELWAYS REF: 43 J7 Phone: 9653 3213	Breakfast 9.00am – 10.30am Lunch 11.30am – 1.00pm Monday to Friday	Free

The Salvation Army Preston Corp	263 Gower Street Preston, VIC, 3072 Melway Ref: 018-G12 Phone (03) 9471 9111	Every Thursday 2 Course Lunch Midday - 1.00pm	Gold coin donation if able too
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